

FALL/10



Family Support Services Newsletter

IMPORTANT Special Services at Home Reminder

To parents who we assist with the re-application of their Special Services at Home . . .

The Date to have your application to our office is October 15, 2010. Remember, if your application is not to the Ministry of Community and Social Services office by their deadline, you will be put on the waitlist.



Invoice Submission and Faxing SSAH Invoices

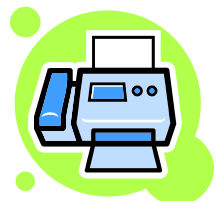


All Special Services at Home Invoices must be into our office on the submission date by Monday at 9:00 a.m. according to the Payable Calendar.

PLEASE NOTE: INVOICES RECEIVED AFTER 9:00 a.m. will be held over until the next submission date.

IF YOUR SSAH IS ADMINISTERED THROUGH OUR AGENCY, the correct fax number for Family Support is **905-688-9228**. Please ensure that all your invoices are faxed to this number. (Deadline for submissions is 9:00 a.m. on Monday of the payable week.)

IF YOUR SSAH IS SELF-ADMINISTERED THROUGH MCSS, the correct fax number to Tom Tapp is 1-905-321-7442.



Here's What We've Been Up To . . .

Family Support has been busy this past spring and summer with various seminars and activities offered to our families:

MEDICATION SEMINAR

Dell Pharmacy presented a medication seminar to Family Support Families on April 19, 2010. This was a good seminar that was interactive and informative. Participation was welcomed from those who attended and families in attendance were able to have their questions answered. Families who attended felt it was a good seminar. Check in the Newsletter for future seminars.



MAY DANCE

The conclusion to "May" Community Living month Family Support and Adult Support Services hosted a "Spring Fling Dance" at Grantham Lions Club. Freshly cut flowers decorated the white linen clothed tables, pizza and refreshments were enjoyed throughout the evening. It



was a wonderful opportunity to re-connect with old friends and to establish new friendships. Over 80 individuals moved and grooved to music by D.J. "T". The next scheduled dance will be in the fall. See you there!



ODSP INFORMATION NIGHT

We hosted our annual ODSP Information Night on July 20, 2010. Thank you to the many families who came out to hear Patti Laney, Income Support Specialist speak on the benefits and services of this Program. Families gained valuable information from Patti's presentation.

BBQ AT RED ROOF RETREAT

On Wednesday, August 11, 2010, we hosted a BBQ at Red Roof Retreat for all families. It was the perfect venue to enjoy some time outdoors, spend time with the animals on the farm and play some sporting games. Despite the heat, everyone had a good time. Hotdogs and hamburgers were enjoyed by all. Cold refreshments and freezies were on hand to combat the heat. Thank you to everyone who attended and we hope to see more families out next year!



ARE YOU LOOKING FOR



DENTISTRY WITH THE USE OF SEDATION . . . Jackson Square Dental Centre, 2 King St. West, Plaza Level, Hamilton, ON. (905) 524-2976 offers dentistry for children and adults with the use of Sedation and General Anaesthesia.

A WHAT-CHA-MA-CALL-IT? . . . Are you looking for a unique device that would help your family member live more independently but can't seem to find it anymore or commercial versions are not affordable? Call the Niagara Chapter of *DesignAbility* @ 905-687-8484 ext. 249.

Community Activities and Information

YMCA OF ST. CATHARINES provides a variety of activities for children and adults. To take advantage of their programs, your family member requires a YMCA membership. Subsidized memberships are available for individuals and for families. For more information contact www.stcatharinesymca.com or call (905) 934-9622

Two programs offered for individuals with special needs are:

Kaleidoscope Weekends which provide individualized recreational and community based experiences for teens between the ages of 13—25 years, with special needs. This program runs on alternating Saturday afternoons from September to June from 1:00—4:30 p.m. and the cost is \$22.00 per afternoon.

Kids First Program is specifically for children with special needs between the ages of 4—12 years. This program integrates children into age appropriate activities that are offered at the YMCA. It runs every other weekend from September to June from 1:00-4:30pm Cost is \$27.00 per afternoon.

The YMCA also provides swimming lessons to those who have a current membership and family swims to non-members for a fee. For more information contact (905) 934-9622.

BROCK UNIVERSITY provides the following programs:

Children's Movement Program is a fully integrated Saturday morning program based on incorporating problem-solving and decision-making skills while being physically active. Children (who are walking) up to age 12 are welcome. Volunteers are available to work with children who have special needs. For more information contact (905) 688-5550, ext. 4060

Brock Niagara Penguins is a swim team for children and young adults with physical disabilities. Swim and Gym Program and Wheelchair basketball. For further information and registration contact niagarapenguins@brocku.ca or phone 905 359-6283

For more information regarding Swimming Lessons and Recreational Swim times call (905) 688-5550, ext. 3387.

ST. CATHARINES CYO HOCKEY offers a special needs Hockey Team that is Co-Ed and participants range in age from children to adults. For more information, please call 905-687-9430

AUTISM ONTARIO—Niagara Chapter offers year round social skills and play groups, camp, parent support and sibling activities. For more information contact autismniagara@on.aibn.com or call (905) 682-2776

MERRITTON FIGURE SKAING CLUB offers a special needs skating program. For more information please call (905) 684-2763.

THE THOROLD COMMUNITY ACTIVITIES GROUP provides quality recreational and educational programs for all Thorold and area residents. For those families living in this area and requiring more information, please call (905) 227-0545 or www.thoroldgroup.org

BOYS AND GIRLS CLUB OF NIAGARA provides a variety of recreational activities for children and teens. They have Kids Zone ages 6-12 Mon, Wed and Fri nights and The Teen Zone ages 13 and up. Transportation is available depending on area . For more information please call (905) 937-1072 or visit their web site at www.boysandgirlsclubniagara.org.

RED ROOF RETREAT provides the following programs;

Saturday Day Camp Program

Red Roof Retreat offers a Saturday Day Camp Program for children with special needs ages 5 to 15 yrs. It runs the first 3 Saturdays of each month starting October 2, 2010 (except on holidays), with up to 12 kids per day. Children must bring their own lunches, and must have proper gear (i.e. indoor shoes, coat, mitts, hat, sunscreen....). There's free play time, arts and crafts, outdoor play, cooperative games, movies, special guests to do yoga, music, and lots of other great activities!!!!

Camp runs on the first 3 Saturdays of each month from 9:00am to 4:00pm
The cost is \$65 per child per day

For children requiring one on one support, SSAH workers are welcomed, and the rate is reduced to \$20.

Location: Lincoln Centennial Public School, 348 Scott Street, St. Catharines

Teen night runs from 5:00pm to 8:30pm on the dates below. The cost is \$35 per person/per night and dinner is included; receipts will be issued and can be used towards SSAH or ODSP hours. The focus of this program is to provide social opportunities for teens. If your teen needs one-on-one care, they are welcomed to come with a SSAH worker at a reduced rate. There will be a maximum of 12 youth per night, so call A.S.A.P. to reserve a spot. To register or for more info, call **Laurie Didyk-Mindorff at 289-668-6574** or email **cmindorff@cogeco.ca**. This program runs once a week at various locations through out the Niagara area.

NIAGARA EAGLES is a social group for individuals with special needs, aged 14—30. The group meets every 2nd and 4th Friday of the month from 7:00—9:00 p.m. at Orchard Park Bible Church, 434 Hunter Rd., Niagara-on-the-Lake for games, crafts, music, special outings and more. Registration and Games Nights are Friday, September 12 & 26 from 7:00—9:00 p.m. Cost is \$25.00 which includes snacks. For more information or to volunteer please contact: Rose Goertz (905) 932-4348 - email duke99@sympatico.ca or Eileen Goodyear (905)468-5731 - email info@orchardparkbiblechurch.org. For registration form, please go online.

NIAGARA CHILD AND YOUTH SERVICES-offers group meetings monthly, supporting and lead by parents who's children suffer from mental health issues. For more information, please contact Sonia Melnyk @905-682-7634 or Andrea Betts @905-988-9612

www.INSIDENIAGARA.COM is a website that includes all events taking place throughout the Niagara Region, such as Festivals, Carnivals, craft and car shows, etc.



Profiles of People We Support

Katie Buunk

Katie Buunk graduated from Holy Cross Secondary School in June 2010. Katie graduated with a full Ontario Secondary School Diploma. WAY TO GO KATIE!!!!

Katie's future goals are to work with pre-school children in a day care setting, or work in the field of caring for animals.

CONGRATULATIONS Katie and good luck in all of your future endeavours.



Congratulations!



Vincent Bell

Congratulations Vincent on your graduation from St. Francis High School in June 2009. Vincent and his date Maria attended the grad dinner and dance at Coppola's Banquet Hall. A ride in a limo to the falls was the ending to a perfect graduation evening. A great time was had by all!

Up Coming Seminars and Events

- Sept. 14 Community Living St. Catharines Annual General Meeting– 5 Henry St.
6—9 p.m.
- Sept. 19 “Building a Better Future in a Community Where Everyone Belongs”
Presented by Al Condeluci, PhD, and hosted by Community Living Port Colborne-Wainfleet and Community Living Fort Erie from 5:45 p.m. until 9:00 p.m. at 100 McRae Ave., Port Colborne.
For more information, please contact:

Community Living Fort Erie: Pam Copeland—905-871-6770, ext. 0
pcopeland@clfe.ca

Community Living Port Colborne-Wainfleet: Donna Terfry—905-835-8941 ext. 100
dterfry@itcanada.com

If you wish to attend, please contact your Family Support Consultant and she can provide you with a registration form.

Oct. 15, 16, 17 Down Syndrome Association of Ontario—8th Annual Conference @ Sheraton Fallsview Resort & Conference Centre. For more information please email DSAO at info@dsao.ca or call 905-439-6644

Oct. 23 “What About Me” - a Workshop for Parents and Siblings of Kids with Special Needs, featuring Amy Baskin—9:30 a.m.—3:00 p.m.
Please see enclosed flyer for more information.

Oct. 28 Halloween Dance @ 5 Henry Street—6:30—8:30 p.m.
(for individuals 18 and over).

Save the date and look for more information to follow!



Many Thanks

We wish to send a special thank you to our Community Partners. . .

- ◆ Dan Matan from Dell Pharmacy for presenting our Medication Seminar
- ◆ Grantham Lions Club for allowing us to use the club for dances
- ◆ Patti Laney from the Ministry of Community and Social Services for presenting the ODSP Seminar
- ◆ Red Roof Retreat for allowing us the use of the property and barbecue for our Family BBQ
- ◆ TSS for allowing us to use their coolers and games for our BBQ



IN MEMORY OF . . .

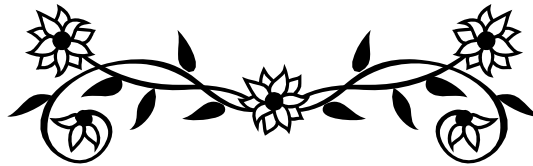
Terry Bastarache

Christian Eckert

Victoria Krushelniski

Kaitlin Lewis

Our thoughts and prayers go out to these families.



COMMUNITY LIVING
St. Catharines



*Inspiring Possibilities
for People with Intellectual Disabilities*

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