

## Support Groups for Families and Caregivers



### **[Autism Ontario - 905-682-2276](http://www.autismontario.com/niagara)**

Autism Ontario provides a variety of programs to individuals challenged by Autism Spectrum Disorder. It also provides parents with a program called "Realize Community Potential" a provincial program that offers workshops, social opportunities and family consultations.

Visit their website at [www.autismontario.com/niagara](http://www.autismontario.com/niagara)

### **[Down Syndrome Caring Parents Niagara - 905-356-2602, Angie Inglis](http://www.freewebs.com/dscpn)**

This is a support group for parents of children who have Down Syndrome. They have a lend-out service, resource and book library, quarterly newsletter, monthly events and meetings with guest speakers.

Visit their website at [www.freewebs.com/dscpn](http://www.freewebs.com/dscpn)

### **[Fetal Alcohol Support Group of Niagara - 905-563-5619, Dianne Labelle](http://www.fetalalcohol.ca)**

A support group for parents/caregivers of individuals affected by Fetal Alcohol Spectrum Disorder. Support group sharing information of daily living resources, training. Guest speakers.

### **[Rett Syndrome Niagara - 905-685-4507, Corey Adcock](http://www.rett.ca)**

Provides information and support to individuals and families who have learned their child has Rett Syndrome and those who are interested in learning more about Rett Syndrome.

### **[Tourette Syndrome Association of Ontario - 705-722-4220, Information Line](http://www.tourette.ca)**

A support group for people and/or family members with Tourette Syndrome.

### **[211 Your Community Connection](http://www.211.ca)**

Dial 211 for free information about community, social, health and government services. Trained 211 information specialists are available 24-hours per day every day of the year.

### **[Google 411](http://www.google.com/goog411)**

Here is a number worth putting on your cell phone or your home phone speed dial:

1-800-466-4411. This is a free service from google and great when you are on the road. Don't waste your money on information calls.

For more information visit [www.google.com/goog411](http://www.google.com/goog411)

### **[Child Advocacy Centre Niagara - 905-937-5435](http://www.childadvocacycentre.ca)**

The Child Advocacy Centre of Niagara, a non-profit organization is a cooperative effort among child protective agencies. Through the combined wisdom and professional knowledge of Law Enforcement, FACS Workers, Doctors, Nurses, Counselors, and CACN Governancé, Niagara's abused children receive the caring and timely response they deserve. This is a neutral, friendly place for children and their families. Provided are welcoming areas for private meetings, technology for closed circuit observation during the interview and an inviting atmosphere for play therapy.